

## Clanfield Community Orchard

## Health and Safety Risk Log

- $\bigcirc$  Work and enjoy the orchard safely
- $\bigcirc$  Be aware of hazards and risk
- $\bigcirc$  Take care of yourself and others
- $\bigcirc$  Be mindful and alert

Risks and hazards	Risk Control
Trips and falls Uneven ground holes/roots in ground objects laying around, wet grass	Walk on pathways. Grass breaks fall. Grass cut shorter prior to an event. Warning notices as required. Ensure pathways are cleared regularly and checked for hazards, remove roots/stubs/holes/foliage etc from pathways. Always keep work areas tidy and don't leave tools around, remove clippings and plant material.
<b>Weather exposure</b> Heat stroke / Sun burn	Always dress appropriately for the weather. Bring waterproof clothing and wear suitable foot-wear. Use sun block and wear a hat in hot weather, take regular breaks in shade, drink plenty of water.
<b>Falls</b> Falling from height	Currently we are not insured to use ladders in the orchard. Avoid working at heights. PLEASE DO NOT CLIMB TREES.
Lone working	It is advisable to always carry a mobile phone if visiting the site or undertaking activities alone. Ensure that someone knows where you are (e.g a relative/friend) and how long you will be there. If you feel vulnerable or unsafe in any way leave immediately or seek help.
Tools injury Mattock / Saws Secateurs / Shears Scythes / Sickle / Bill hook Hammer / Sledge hammer Carpentry tools	Take care when using sharp tools, especially if you have not used it before. New volunteers should be shown safe handling methods for tools they are unfamiliar with. Scythes should only be used by those who have attended training and been shown safe use. Don't leave tools lying around, and store safely when not in use. Maintain tools so they are safe to use. Never use faulty tools.
<b>Sharps injury</b> Glass / Metal / Nails / Thorns	Wear protective gloves when handling thorny material or materials with nails. Take care when handling rubbish that may contain sharp items – use gloves.
<b>Strains</b> Heavy work Lifting Repetitive strain	Alternate digging and heavy work with other activities, take regular breaks. Be aware of safe manual handling techniques. Use safe lifting procedures and bend knees. Use trolley and wheelbarrows for moving bulky/heavy items. Never lift anything heavy alone or if it causes strain.
Allergic reaction Bee sting Plants, food	ANAPHALAXIA (severe reaction) - CALL AN AMBULANCE IMMEDIATELY Those susceptible should always carry their own epi-pen and self-administer if they are experiencing severe allergic reaction.

Animal faeces	Avoid handling and use gloves if necessary, wash hands with soap if come in contact.
Irritant plants	Find out what plants may cause reactions or are poisonous. Avoid handling or use gloves, and wash hands if come in contact.
Risk assessment	Read any risk assessments that have been prepared for an activity you are undertaking.

Please note: Parents/carers are responsible for supervising children under age 16.

FIRST AID BOX WILL BE RPOVIDED FOR ALL ORGANISED EVENTS

Event leader to record all incidents (and near misses) in the site log book